

# Winter lunch menu

This menu is available weeks commencing;  
 29<sup>th</sup> of October 5<sup>th</sup> of November 12<sup>th</sup> of  
 November 19<sup>th</sup> of November 26<sup>th</sup> of November  
 3<sup>rd</sup> of December and 10<sup>th</sup> of December




Week one	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Butcher's Sausages with Onion Gravy	Minced Beef, Potato and Onion Pie with a Shortcrust Top	Roast Chicken with Sage & onion Stuffing & Gravy	Look out for our Concept of the Week available Today!	Catch of the Day with Home made Tartare Sauce
<b>Vegetarian Main Meal</b>	Cauliflower and Broccoli Mornay	Vegetable Noodle Stir Fry	Quorn Toad in the Hole		Cheese flan with beans and salad
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta Bar</b>	Choose a Pasta Base; add your choice of Hot Topping from our freshly prepared selection; we will offer both meat and vegetarian choices every day				
<b>Snack Pot</b>	Wedges with BBQ Sauce	Spicy Wedges & Sour Cream	Margherita Wedges	Herby Wedges with Ketchup	Chips with Salmon Fish Fingers
<b>Family Favourites</b>	Eve's Pudding with Custard	Oaty Cherry & Apple Crumble with Custard	Sticky Chocolate Pudding with Chocolate Sauce	Gingerbread and Banana Cake with Custard	Rice Pudding with Berry Sauce



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[www.caterlinkltd.co.uk](http://www.caterlinkltd.co.uk)

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Week two	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Steak Pie	Look out for our Concept of the Week available Today! 	Roast Beef with Yorkshire pudding, Vegetables and potatoes	Chicken Korma	Catch of the Day with Home Made Tartare Sauce
<b>Vegetarian Main Meal</b>	Quorn and Vegetable Jambalaya		Sweet and Sour Quorn with Chinese Vegetables	Vegetable Moussaka	Pepper Stuffed with Roast Vegetables and Cous Cous
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta Bar</b>	Choose a Pasta Base; add your choice of Hot Topping from our freshly prepared selection; we will offer both meat and vegetarian choices every day				
<b>Snack Pot</b>	Rice with Sweet n Sour Vegetables	Rice with Spicy Chicken	Rice with Vegetable Curry	Rice with Veggie Chilli	Chips with Beans & Cheese
<b>Family Favourites</b>	Spiced Carrot Cake with Custard	Apple and Cinnamon Pie with Custard	Lemon Drizzle Sponge with Custard	Chocolate and Beetroot Brownie with Chocolate Sauce	Tropical Fruit Flapjack with Custard



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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Cottage Pie with a Crunchy Topping	Chicken and Sweetcorn Puff Pie	Roast Pork with Sage & Onion Stuffing and Gravy	Spaghetti Bolognese with Garlic Bread	Catch of the Day with Home made Tartare Sauce
<b>Vegetarian Main Meal</b>	Tomato and Basil Pasta with Garlic Bread	Sweet and Sour Vegetables with Rice	Butternut Squash, Chick Pea & Potato Curry	Shepardess Pie	Quorn and Vegetable Stir Fry
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta Bar</b>	Choose a Pasta Base; add your choice of Hot Topping from our freshly prepared selection; we will offer both meat and vegetarian choices every day				
<b>Snack Pot</b>	Kung Po Noodles	Noodle Pot with Sweetcorn Sour Chicken	Mushroom Chow Mein	Sweet Chilli Noodles with Peppers	Chips with BBQ Beans
<b>Family Favourites</b>	Pineapple Upside Down Pudding with Custard	Sticky Toffee Apple Crumble with Custard	Spiced Plum and Apple Crumble with Custard	Orange & Courgette Cake with Custard	Chocolate and Banana Sponge with Toffee Sauce



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