



# Extra-Curricular Programme (Spring '19)

SPORTS

MUSIC

PERFORMANCE

CREATIVE

SCIENCE

COMPUTING

VARIETY

	BREAK 1	BREAK 2	AFTER SCHOOL
MONDAY	<p><b>Badminton KS3</b> Mr Green, Sports Hall</p> <p><b>Flute Group</b> Mr Tugwell, PR1</p> <p><b>Acro 1</b> Miss Serrechia PA3</p> <p><b>Sewing/Patchwork/Knitting</b> Mrs Brereton, E6</p> <p><b>Reading Group</b> Mrs Brereton, E6</p> <p><b>Code Club</b> Ms Angland, IT3</p>	<p><b>Sax Group</b> Mr Tugwell, PR1</p> <p><b>Art Club</b> Ms McMurdo, A3</p> <p><b>Maths Games Yr 7, M7</b></p> <p><b>Vegetarian Society</b> Mr Connolly, R2</p> <p><b>Open Spaces</b> Mrs Brereton &amp; Ms Angland, OS Garden</p>	<p><b>Badminton All Years</b> Mr Green, Sports Hall</p> <p><b>Netball Yr 7&amp;8</b> Mrs Holliday, Top Astro</p> <p><b>Boys Football Yr 11</b> Mr Davies, Field</p> <p><b>Girls Football</b> Carlisle United FC, Field</p> <p><b>Wind Band</b> Mr Verry, PA4</p> <p><b>Dance Troupe (Starts late Nov')</b> Miss Serrechia, PA3</p> <p><b>Science Club</b> Mrs Sullivan, S4</p> <p><b>KS4 Triple Science Workshop &amp; KS5 Chemistry Workshop</b> Ms Garner, S12</p> <p><b>Tomorrow's Engineers/STEM Club</b> Ms Angland &amp; Mr Gibson, LP2</p>
TUESDAY	<p><b>Team Inspire Football</b> Mrs Croucher, Sports Hall</p> <p><b>Yr7&amp;8 Drama Club</b> Miss Inglesfield, PA4</p> <p><b>Textile Club</b> Mrs Clementson, T4</p> <p><b>3D Print Club</b> Mrs Dixon, T6</p>	<p><b>NFL</b> Mr Davies, Sports Hall</p> <p><b>Clarinet Group</b> Mr Tugwell, PA1</p> <p><b>Chemistry KS4 Workshop</b> Mrs Ling, S13</p> <p><b>Open Spaces</b> Mrs Brereton &amp; Ms Angland, OS Garden</p> <p><b>Amnesty Group</b> Ms Garner, Sixth Form Seminar</p>	<p><b>Team Inspire Boccia &amp; Table Cricket</b> Mrs Croucher, Gym</p> <p><b>Netball Yr 9,10,11</b> Miss Carruthers, Top Astro</p> <p><b>Rugby KS3</b> Mr Green, Field</p> <p><b>Girls Rugby</b> SM, Field</p> <p><b>Senior Singers</b> Mrs Hitch, PA1</p> <p><b>Trinity Musical Theatre &amp; Drama Exams</b>, PA4</p> <p><b>Food Club</b> Miss McKenna, T7 (Autumn 2)</p>
WEDNESDAY	<p><b>Sports Leaders</b> Mrs Holiday, Gym</p> <p><b>Brass Group</b> Mr Williams, PA1</p> <p><b>Code Club</b> Ms Angland, IT3</p>	<p><b>5v5 Football Yr7</b> Mr Green, Sports Hall</p> <p><b>Year 7 &amp; 8 Singers</b> Mrs Hitch, PA1</p> <p><b>Gaming Club</b> Mr Booth, MED 2</p> <p><b>Mindfulness/Colouring Club</b> Mr Connolly, R2</p> <p><b>Open Minds</b> Ms Arthur, Study Centre</p>	<p><b>Trampolining KS4</b> Mrs Trickett, Gym</p> <p><b>Hockey KS3</b> Carlisle Hockey Club, Field</p> <p><b>Boys Football Year 7&amp;9</b> Mr Tidmarsh/Mr Anderson, Field</p> <p><b>Guitar Club</b> Mr Wood, PA2</p>
THURSDAY	<p><b>String Group</b> Mr Verry, PR4</p> <p><b>Open Spaces</b> Mrs Brereton &amp; Ms Angland, OS Garden</p> <p><b>Mappo (Geography Games)</b> Mrs Magson, H1</p>	<p><b>Badminton Year KS4</b> Mr Anderson, Sports Hall</p> <p><b>PE Academic Support</b> Mr Tidmarsh/Mr Green, MED 2</p> <p><b>Bike</b> Ms Pigdon, Bike Track</p> <p><b>Just Looking – Christian Group</b>, R2</p> <p><b>Open Spaces</b> Mrs Brereton &amp; Ms Angland, OS Garden</p>	<p><b>Trampolining KS3</b> Mrs Trickett, Gym</p> <p><b>Hockey KS4</b> Miss Balmer, Top Astro</p> <p><b>Cross Country</b> Mrs Holiday, Field</p> <p><b>Rugby KS4</b> Mr Green, Field</p> <p><b>Fitness Suite Years 7-11</b> Mr Hands</p> <p><b>Acro 2 (3.25-4.15pm)</b> Miss Serrechia, PA3</p> <p><b>Acro 3 (4.15-5pm)</b> Miss Serrechia, PA3</p> <p><b>Tomorrow's Engineers/STEM Club</b> Ms Angland &amp; Mr Gibson, LP2</p>
FRIDAY	<p><b>Boccia</b> Mrs Croucher, Gym</p> <p><b>Basketball All Years</b>, MM, Sports Hall</p> <p><b>Open Spaces</b> Mrs Brereton &amp; Ms Angland, OS Garden</p>	<p><b>Dodge Ball All Years</b> Mr Tidmarsh, Sports Hall</p> <p><b>Dance Band</b> Mr Verry, PA1</p> <p><b>Biology KS4 Workshop</b> Mrs Ling, S11</p> <p><b>Digital Leaders</b> Ms Angland, IT3</p> <p><b>Debating Club</b> Mr McAree, Lecture Theatre</p> <p><b>Open Minds</b> Ms Arthur, Study Centre</p>	<p><b>Unicycling</b> Mr Gibson, Sports Hall/Yard</p>

Make the most of your break times ● Try something new today!