

PERSONAL DEVELOPMENT

Course Organisation

This is a modular course consisting of Health Education, Careers and Economic Well-Being Education and Citizenship.



Health Education

In Years 10 and 11, the Health Education course concentrates on personal safety and relationships and sex education (RSE). Legal and moral aspects are considered and the implications of sexual behaviour are included. Contraception, reproduction, infections and self-checks for cancers are covered in lessons, as is an update on drugs education. Sexuality and stereotypes are also discussed.

Students learn through a mixture of styles of working – worksheet, discussion, videos etc. and there is a large focus on topical information and what is in the news. Students are always welcome to request information from their teacher or advice on any health education topic from the school nurse who runs drop-in sessions.

Careers and Economic Well-Being Education

In Years 10 and 11, the Careers Education course concentrates on skills development and preparation for the world of work. Topics include: writing a Curriculum Vitae; filling in application forms; successful interview techniques; and money management.

During Key Stage 4 students have an opportunity to attend a work experience placement for a one-week period. This is a valuable opportunity to develop key skills for future success. The Work Experience Programme is co-ordinated by Mrs Hill.

In addition, there will be experiences during Years 10 and 11 during which students will have a chance to experience 'mock interviews' with members of the local business community and to explore the world of work, education and training through encounters with employers and further and higher education providers.

All students will continue to use the resource Kudos Inspire which will give students easy access to information about a wide range of careers. The computer resources can be accessed from anywhere in the school and at home via our website: <http://www.williamhoward.cumbria.sch.uk/careersinformation>

Citizenship

The aim of the course is to give students the knowledge, skills and understanding to play an effective role in society at local, national and international levels. It promotes their spiritual, moral, social and cultural development. Students are encouraged to play a helpful part in the life of the school and their community. It also teaches about our economy and democratic institutions.

Topics taught within the modular programme will include study on the importance of British Values, how to balance competing human rights, the criminal and civil justice system, and UK national politics. To encourage participation in active Citizenship there will be the opportunity to participate in the school's Race for Life event to raise funds for Cancer Research UK in Year 11.

Religious Education

As part of their core curriculum all students will study a unit on RE during their PD time. They will be considering a range of moral and philosophical questions, and reflecting on how these impact on their lives and the lives of others. In Year 10 the focus is on forgiveness, and in Year 11 on what it means to live a 'moral' life. This core RE will not be examined.

If you would like any further information on Personal Development please contact Mr Connolly.