



# Eden Valley Hospice

sharing the caring

Mpingo house charity

# What is Eden Valley Hospice?

- ▶ Eden Valley Hospice is a community organisation dedicated to providing specialist care for adults in North Cumbria and South West Scotland who have life limiting conditions. In addition, they also provide care for the families, friends and carers of patients.
- ▶ *“We believe that every detail, every moment and every person matters. This belief allows us to achieve the highest standards of nursing and medical care, and to give help to people when they need it most.”*
- ▶ All the care the Hospice provides to its patients and their families is free.

# Eden Valley Hospice

## Patient Charter



### We Will Help By...

Treating you, your family and those important to you with respect and compassion throughout illness and beyond your death.



Providing skilled and knowledgeable staff to work with and care for you.



Providing a choice of home made freshly prepared nutritious meals catering for your dietary requirements.

Allowing you control and choice over your care to meet your individual needs and desires.

Recognising your physical, emotional, spiritual, social and cultural needs which will be met with compassion and dignity.

Encouraging trusting relationships to ease fears and anxieties.

Offering a full range of treatment options including complementary therapies to support you.

Respecting your right to be treated fairly.



Having clear and honest conversations in your own time to plan ahead and discuss your wishes.

Providing a safe place where you will receive a high standard of care.

# In-Patient and Day Care

## In- patient:

- ▶ Adult In-Patient services are available to those individuals aged 18 years and over with complex problems associated with a life limiting illness. This can include physical, psychosocial, emotional or spiritual distress.
- ▶ Specialist services are delivered by a multi-professional team (doctors, nurses, counsellors, social workers, spiritual care team, therapists) whose members have recognised training in palliative care and for whom palliative care is their core speciality.

## Day- care:

- ▶ Day Hospice is a wonderful facility that offers supportive care for people living with life limiting illnesses. The surroundings are very relaxed and comfortable, offering a choice of activities that are centred on wellbeing, companionship and support.

# Jigsaw



- ▶ Jigsaw is Cumbria's Children's Hospice who provide support to children and young adults with life limiting conditions throughout the county.
- ▶ The children's hospice provides one to one care for children and young adults with life limiting illnesses, as well as extending the care and support to their families. Jigsaw's home-from-home environment allows the nurses to match the children and young adults home routine as closely as possible, ensuring a smooth, relaxing and peaceful transition between the home and hospice environments.
- ▶ The multi-sensory room provides place for children and young adults to listen to music, whilst special lighting creates rotating patterns on the walls and ceiling
- ▶ The activity room, "The Smoothie Bar", is packed with arts and crafts products for all ages and abilities. The room also includes a computer, games consoles and a toy cupboard
- ▶ The children and young adults are also able to enjoy the secure sensory garden, which includes a water fountain, wheelchair accessible roundabout and raised flower beds.



## Eden Valley shops

- ▶ The Hospice is very proud of its Retail operation, a part of their Marketing & Income Generation Department, which has grown steadily over the years to become a genuine presence in the high streets around Cumbria and a popular place for many in our community.
- ▶ There are shops in Carlisle, Penrith, Brampton and Wigton. Our Retail department is a key area in which the Hospice raises the vital funds it needs to provide the care we can to the community that needs it.
- ▶ Not only does it raise funds for the Hospice, it also provides supporters an opportunity to donate items that can be sold and the profits fed directly back to the charity.

# Fundraisers

- ▶ The local NHS trust provides around 25% of Eden Valley's running costs, while the remaining 75% comes from the generosity and efforts of fundraisers.
- Colour run
- Lantern walk
- 20k run
- Gift Aid
- Home and money boxes
- Nepal Trek and community project in October 2021



# How can you help?

Get house  
points!

Make a donation

Collect small  
change in a  
home or money  
box

Take part in an  
Eden valley  
hospice event

Volunteer

Organise your  
own fundraising  
event